



Your Trusted Career Discovery Platform

Parent Insight Report

Prepared for

Aarav Sharma

SAMPLE REPORT

Understanding Your Child's Marker Traits

(Guidance Note for Parents)

What Are Marker Traits?

In Angad's psychometric framework, **Marker Traits** are the essential abilities that should ideally score High in a student's Self-Discovery Report. These traits form the foundation of a child's emotional balance, learning effectiveness, teamwork, communication, and real-world success. A Low or Average score in a marker trait doesn't indicate weakness — it simply highlights an area where guided development can unlock greater potential.

Complete List of Marker Traits

(as defined by Angad's Consolidated Marker Traits Document)

Core Trait	Marker Sub-Traits
Personality Traits	Emotional Resilience, Adaptability
Leadership and Teamwork	Recognizing Contributions, Coordinating Efforts
Communication Skills	Expressing Ideas Clearly, Active Listening
Analytical Thinking	Critical Evaluation, Problem Decomposition
Problem Solving Skills	Identifying the Root Cause, Logical Analysis, Decision-Making Under Pressure
Emotional Intelligence	Self-Awareness, Empathy, Emotional Regulation
Time Management	Prioritization, Scheduling, Avoiding Distractions
Adaptability and Flexibility	Learning Agility, Problem-Solving Under Uncertainty, Stress Tolerance

Aarav Sharma's Performance in Marker Traits

Core Trait	Marker Trait	Score	Performance Category
Personality Traits	Emotional Resilience	80.00%	High
	Adaptability	74.00%	Average
Leadership and Teamwork	Recognizing Contributions	58.00%	Average
	Coordinating Efforts	65.00%	Average
Communication Skills	Expressing Ideas Clearly	72.00%	Average
	Active Listening	70.00%	Average
Analytical Thinking	Critical Evaluation	79.00%	High
	Problem Decomposition	78.00%	High
Problem Solving Skills	Identifying the Root Cause	48.00%	Low
	Logical Analysis	40.00%	Low
	Decision-Making Under Pressure	42.00%	Low
Emotional Intelligence	Self-Awareness	88.00%	High
	Empathy	82.00%	High
	Emotional Regulation	86.00%	High
Time Management	Prioritization	55.00%	Average
	Scheduling	50.00%	Low
	Avoiding Distractions	48.00%	Low
Adaptability and Flexibility	Learning Agility	70.00%	Average
	Problem-Solving Under Uncertainty	68.00%	Average
	Stress Tolerance	72.00%	Average

Development Strategies for Low/Average Marker Traits

(Summarized from the Development Strategies Summary Document)

1. Adaptability – Embracing Change with Confidence

- Expose yourself to new experiences and environments regularly.
- Practice flexibility by adjusting plans when unexpected changes occur.
- Reflect on past adaptations and what strategies worked best.
- Develop a growth mindset by viewing challenges as opportunities to learn.

2. Recognizing Contributions – Valuing Team Efforts

- Make it a habit to acknowledge others' efforts in group settings.
- Practice active observation to notice individual contributions.
- Express gratitude verbally and through written notes or messages.
- Create opportunities to celebrate team achievements publicly.

3. Coordinating Efforts – Orchestrating Team Success

- Use project management tools or simple checklists to track tasks.
- Practice clear communication of roles, responsibilities, and deadlines.
- Hold regular check-ins to ensure alignment and address roadblocks.
- Develop conflict resolution skills to maintain team harmony.

4. Expressing Ideas Clearly – Communicating with Precision

- Practice structuring thoughts before speaking using the PREP method (Point-Reason-Example-Point).
- Use simple, concrete language and avoid jargon when possible.
- Seek feedback on clarity and adjust communication style accordingly.
- Practice summarizing complex ideas in one or two sentences.

5. Active Listening – Hearing Beyond Words

- Practice full presence by eliminating distractions during conversations.
- Use reflective listening techniques like paraphrasing and summarizing.
- Ask clarifying questions to ensure understanding.
- Observe body language and tone to capture emotional context.

6. Identifying the Root Cause – Finding the True Problem

- Use the '5 Whys' technique to drill down from symptoms to root causes.
- Distinguish between symptoms and underlying issues through careful analysis.
- Gather data and evidence before jumping to conclusions.
- Consider multiple perspectives to avoid narrow problem definitions.

7. Logical Analysis – Building Rational Thinking Pathways

- Play logic-based games like Sudoku or chess puzzles to strengthen pattern-based reasoning.
- Use flowcharts or comparison tables before making choices.
- Regularly practice evaluating pros & cons for everyday decisions.
- Write short 'if-this-then-that' notes to anticipate outcomes before acting.

8. Decision-Making Under Pressure – Responding Effectively in the Moment

- Simulate quick-thinking scenarios with time limits (e.g., 60-second challenges).
- Role-play high-pressure situations and discuss post-decision learning.
- Maintain a short checklist for 'What matters most now?' during stressful events.
- After any tough moment, debrief: What went right? What will I improve next time?

9. Prioritization – Focusing on What Matters Most

- Use the Eisenhower Matrix to categorize tasks by urgency and importance.
- Practice saying 'no' to low-priority requests to protect high-priority time.
- Review priorities weekly and adjust based on changing circumstances.
- Focus on high-impact activities that align with long-term goals.

10. Scheduling – Structuring Your Day Effectively

- Maintain a weekly planner with color codes for school, rest, and recreation.
- Review the previous week to identify time leaks or over-commitments.
- Include 10-minute buffers between planned activities to reduce rush.
- Begin and end each day with a brief 5-minute planning ritual.

11. Avoiding Distractions – Maintaining Focus

- Create a dedicated workspace free from common distractions.

- Use techniques like the Pomodoro method (25 minutes focus, 5 minutes break).
- Turn off notifications during focused work periods.
- Identify your peak productivity times and schedule important tasks accordingly.

12. Learning Agility – Adapting and Growing Quickly

- Embrace challenges as opportunities to learn new skills.
- Reflect on experiences to extract lessons and apply them forward.
- Seek feedback actively and use it to improve performance.
- Experiment with different learning methods to find what works best.

13. Problem-Solving Under Uncertainty – Navigating the Unknown

- Practice making decisions with incomplete information and learn from outcomes.
- Use scenario planning to prepare for multiple possible futures.
- Develop comfort with ambiguity through exposure to uncertain situations.
- Focus on what you can control rather than worrying about unknowns.

14. Stress Tolerance – Staying Calm Under Pressure

- Practice stress-reduction techniques like deep breathing, meditation, or yoga.
- Build physical resilience through regular exercise and adequate sleep.
- Develop a support network you can turn to during stressful times.
- Reframe stress as a challenge rather than a threat to change your response.

How Parents Can Support This Development

- **Model the behavior** — share how you plan your own day or manage time pressure.
- **Offer reflection prompts** — ask questions like 'How did you decide that?' or 'What might your friend have felt?'
- **Create practice environments** — encourage decision-making in daily life (choosing a plan, solving small family issues).
- **Reinforce small wins** — praise effort and progress rather than perfection to keep motivation high.

Final Note to Parents

Aarav Sharma's overall psychometric profile is strong and well-balanced across most domains, reflecting a wonderful blend of emotional balance, analytical ability, adaptability, and leadership orientation. The few traits in the Average range are highly trainable and can be strengthened through consistent practice, guided reflection, and age-appropriate exercises. With steady parental encouragement and positive reinforcement, these areas can quickly evolve into new strengths.

Professional Support Available

If you wish to provide structured guidance and professional support for developing these specific traits, trained and experienced Angad Career Mentors are available to assist. Our mentors specialize in designing personalized development plans focused on improving marker traits such as logical reasoning, empathy, time structuring, and decision-making under pressure, ensuring holistic growth for your child.

Together, through collaborative efforts between parents, mentors, and the child, Aarav Sharma can continue to build a well-rounded profile marked by emotional maturity, intellectual balance, and lifelong learning agility.